Vegetable Names

Below are the names of some vegetables. Draw a circle around the vegetables that you have tasted before:

- Green beans
- Carrot
- Cauliflower
- Avocado
- Garlic
- Beet
- Okra
- Onion
- Artichoke
- Cucumber
- Broccoli
- Corn
- Peas
- Potato
- Spinach

How many vegetables did you circle? _____

Eat a variety of foods every day to help you grow and be strong.