

ABC	Daily Activity	Fun Activity
A	Answer Phone	Arm Circles
B	Brush Hair	Bounce
C	Clear Table	Crawl
D	Dress	Dance
E	Eat	Elephant Walk
F	Find Shoes	Fly Like a Plane
G	Go Potty	Gallop
H	Hold Hands	Hokey Pokey
I	Imitate	In-line Sliding
J	Jester	Jumping Jacks
K	Keeping Still	Kangaroo Jumps
L	Listen	Laugh
M	Make bed	March
N	Nod	Nose to Knees
O	Open Door	Opera Sing
P	Play	Pounce
Q	Quiet Time	Quietly Jump
R	Read	Reach for the Sky
S	Set Table	Skip
T	Tooth Brushing	Touch Toes
U	Up From Resting	Up/Down Squats
V	Visiting	VROOM Like a Car
W	Wash Hands	Wiggle
X	X's and O's	FleX your Muscles
Y	Yawn	Yosemite Hike
Z	Zip	ZOOM Around

Have child do a minute of "Fun Activity" when child does a "Daily Activity".

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