

Pennsylvania Special Supplemental
Nutrition Program for Women,
Infants & Children

**WIC Food Packages are
changing October 1, 2009!**

New food options include:

- jarred baby foods
- whole grains
- soy alternatives
- fruits & vegetables

Let **WIC** help you achieve a
healthy start to your pregnancy
and child's nutrition.

**Call 1-800-WIC-WINS
to find out more.**



WIC is an equal
opportunity provider.

Pennsylvania Special Supplemental
Nutrition Program for Women,
Infants & Children

**WIC Food Packages are
changing October 1, 2009!**

New food options include:

- jarred baby foods
- whole grains
- soy alternatives
- fruits & vegetables

Let WIC help you achieve a
healthy start to your pregnancy
and child's nutrition.

**Call 1-800-WIC-WINS
to find out more.
Or visit our open
house July 6th
6:30 pm.**



WIC is an equal
opportunity provider.