



# **PUBLIC HEALTH**

**ALWAYS WORKING FOR A SAFER AND HEALTHIER WASHINGTON**



**Washington State WIC Nutrition Program**

# WASHINGTON STATE STAFF PCS CHAMPIONS

**Champion:** Passionate defender or supporter of a cause or another person.



Seeking Champions to join us!

Champions participate in 1-2 meetings per month

Minimal work outside of the meeting time

# Why be a Champion?

One who inspires, encourages, or motivates an individual to unlock his or her greatest potential so as to achieve his/her ultimate goal.

- ❑ PCS skills bring value, understanding and depth in our conversations with retailers, clients, contractors, local staff, and each other. *(It's fun!)*
- ❑ An opportunity for professional development, honing your communication skills, and an opportunity for developing more leadership skills. *(It's fun!)*
- ❑ It will be fun!

# August Affirmations

- Your challenge:
  - Affirm someone every day
  - Affirm someone every week
  - Affirm the customer once during each conversation
  - Affirm a family member or friend
- Your personal challenge...write your challenge on the index card!
- We'll check in next month!



**PUBLIC HEALTH**  
**ALWAYS WORKING FOR A SAFER AND**  
**HEALTHIER WASHINGTON**

**DOH 961-946 April 2012**

This institution is an equal opportunity provider.  
**Washington State WIC Nutrition Program does not discriminate.**

For persons with disabilities, this document is available on request in other formats.  
To submit a request, please call 1-800-841-1410 (TDD/TTY 711).