

Transition to TLC **LA Action May 2008**

Instructions: Use this activity to assess, as a staff, your interest/readiness to incorporate facilitated discussion as a method of nutrition education for your WIC families. As a group, view the DVD “*Parent Connections*” (sent with LA Memo #4 dated January 18, 2008) and the 2/29/08 Teleconference “*Revitalizing Nutrition Education through an Emotion-Based Approach*.” The teleconference can be viewed on www.breastfeedingpartners.org (it is a 2 hour teleconference). If you have already viewed the teleconference, a brief review of the handouts may be useful at this point. Complete the following questions.

What do you like about the way you currently provide Nutrition Education? _____

What is not so good about the way you currently provide Nutrition Education? _____

What would be hard about starting Facilitated Group Discussions? _____

How would Facilitated Group Discussions enhance your services? _____

On a scale of 0-10, zero being not important at all, 10 being most important:

How important is it that your program provides services that meet the needs of your families?

Why are you at ____ instead of 2 numbers lower?

What would it take to move you 2 or 3 numbers higher?

On a scale of 0-10, zero being not confident at all, 10 being completely confident:

How confident do you feel in your agency’s ability to start/implement this style of nutrition education?

Why are you at ____ instead of 2 numbers lower?

What would it take to move you 2 or 3 numbers higher?

What is the next step for your program?

Training for *TLC* is in the development phases and will be offered to all local agency staff. As you get ready to take the next step to transition your services to include *Talk, Listen, Connect* sessions, contact your regional office.