

Dear Health-Care Provider,

The Women, Infants and Children (WIC) program has begun a state-wide initiative to screen our pregnant women who are at risk for gestational diabetes or undiagnosed overt diabetes.

_____ was seen in the _____ WIC clinic on _____
Patient name Clinic name Date

She was screened as “high risk” for Gestational Diabetes (GDM) based on:

- Prior history of GDM or glucose intolerance Pre-pregnancy BMI \geq 30 Age \geq 35
- History of fetal loss History of Large for Gestational Age Baby (\geq 9 pounds)
- Strong family history of diabetes (first degree relative) History of PCOS

She was offered and agreed to a point-of-care HgbA1C assay (Bayer A1C Now+) with a recorded value of _____. (Diabetes Cares 33: S13, 2010)

“The point-of care A1C assays are not sufficiently accurate at this time to use for diagnostic purposes.” (Diabetes Cares 33: 2010). It is also beyond the scope of practice for WIC nutritionists to diagnose patients. The intent of this letter is to only alert providers that this patient is at risk for elevated blood glucose during her pregnancy and to facilitate early entry into prenatal care.

If you have any questions regarding this referral, please do not hesitate to contact us at _____.
Phone number

Thank you.

Name/Title

