

STATE OF COLORADO

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Dedicated to protecting and improving the health and environment of the people of Colorado

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Colorado Department
of Public Health
and Environment

TO: Local Agency WIC Directors
FROM: State Office
SUBJECT: New Food Package Training: Participant Training
DATE: April 15, 2009

New Food Package implementation is almost here! This month's training packet concentrates on:
a) preparing participants for the major changes in the WIC foods, b) introducing participants to the new WIC Allowable Foods List, and c) ensuring participants are trained in the new procedures for redeeming WIC checks at the store.

Now that WIC staff is well versed in the new foods, we can turn our attention to preparing WIC participants. Let's take a closer look at the materials included in this packet:

- **Allowable Foods List – Script:** An overview for staff to review with participants of the Allowable Foods List and how to use checks at the store.
- **Allowable Foods List Group Lesson Plan:** For clinics that run classes, this is an overview for staff to give group classes of the Allowable Foods List and how to use checks at the store.
- **Frequently Asked Questions:** A review of questions related to new food package implementation.
- **Shopping Tips and Reminders:** An overview of tips and tricks for use at the store. This is a good overview for staff and participants, and may be used as a staff handout.
- **Activities Grab Bag:** A list of ideas for staff or participant activities related to the new food packages.

A *Director's Facilitation Guide* is enclosed to assist in staff training. Ideally you will review all of the enclosed materials, and staff will review the staff handouts before your next staff meeting and training.

Although this is the final training packet that staff will receive prior to implementation, a few final pieces will be arriving at a later date.

- 1) Early May, State Office will mail the Food Package Booklet that contains the food packages and their codes to every local WIC staff person;
- 2) Also in early May, State Office will mail to every WIC clinic FY Policy Letter #4 that describes the policies and procedures for using the new food packages and includes the revised Medical Documentation Form;
- 3) State Office will mail the Medical Documentation form with instructions to every physician on our statewide list as well as to every local agency high risk WIC Counselor and WIC Director; and
- 4) The new Allowable Foods List will be distributed in the coming weeks.

cc: State WIC Office Staff
Patricia Daniluk

Enclosures