BABY BEHAVIOR STUDY SURVEY

FOR STUDY USE ONLY:

<table>
<thead>
<tr>
<th>Class</th>
<th>Voucher</th>
<th>BF Support</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FP:</th>
<th>P</th>
<th>IB</th>
<th>IF</th>
<th>IC</th>
<th>IT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Accept</th>
<th>Decline</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Reason for Decline:
- Too busy
- Not interested
- Too difficult
- Other children
- Privacy
- Refuse to answer
- Too tired
- Other: _______________________

WELCOME TO OUR STUDY!

This WIC site is participating in a study with UC Davis. You have been asked to fill out this survey because you are expecting a baby. Please answer all of the questions thinking about this new baby even if you care for other children. The answers to these questions will be completely confidential and only shared with the UC Davis study staff.

PART 1: Questions about you:

1. What is your age? _______________
2. Are you (circle one) Male Female
3. Is this your first baby? Yes No
4. How many children (under 18 years old) live in your home including your baby? _______________
5. How much education did you finish? (circle one)
   - Less than High School
   - High school
   - Some college
   - College degree
6. What is your race/ethnicity? (circle all that apply)
   - Asian/Pacific Islander
   - Black
   - Latino
   - Native American
   - White/Caucasian
   - Other
7. What languages are spoken in your home other than English? (circle all that apply)
   - Arabic
   - Chinese
   - Korean
   - Punjabi
   - Russian
   - Spanish
   - Vietnamese
   - Other
8. In what country were you born? (circle one)
   - United States
   - Mexico
   - Other
9. How are you planning on feeding your baby? (circle one)
   - Breast milk only
   - Formula only
   - Both breast milk and formula
   - I am not sure
   - Not applicable
10. If you plan on breastfeeding your baby, how old do you think your baby will be when you completely stop breastfeeding or giving breast milk? _______________
11. Are you confident that you will be able to breastfeed for as long as you want to? Yes No
12. If you are planning on giving your baby any formula, how old will your baby be when he/she starts getting formula? (Please answer in days, weeks, or months, whichever is easier)
   - _______ Days
   - _______ Weeks
   - _______ Months
13. How old do you think babies should be when they are fed something other than formula or breast milk? _______________
14. How old do you think babies should be when they start sleeping through the night? _______________
15. Are you currently employed outside the home? Yes No
   If yes, how many hours do you work per week? _______
16. Will you go to work after your baby is born?  
   Yes  No
   If yes, how old do you expect your baby to be when you go to work? _________
   How many hours do you expect to work per week? _________

17. In the past 12 months, how many times have you visited this WIC clinic? ________________________

18. In the past 6 months, how many WIC classes have you attended? ________________________

19. Have you learned anything about baby behavior from WIC?  
   Yes  No

20. Who will watch your baby during the day? (circle all that apply)
   Mother  Father  Grandparent  Other family member  Babysitter/daycare  Other

PART 2: Please circle the best answer for each statement.

21. I am confident that I will be able to tell what my baby needs by the way he/she acts.  
   Always  Almost Always  Sometimes  Never

22. I am confident that I will know what to do when my baby cries.  
   Always  Almost Always  Sometimes  Never

23. I will feed my baby to get him/her to go to sleep.  
   Always  Almost Always  Sometimes  Never

24. If my baby cries, the first thing I will do is feed him/her.  
   Always  Almost Always  Sometimes  Never

25. I feel comfortable asking questions about my baby at WIC.  
   Always  Almost Always  Sometimes  Never

26. I get good advice from WIC.  
   Always  Almost Always  Sometimes  Never

27. I will follow the infant feeding advice I get at WIC.  
   Always  Almost Always  Sometimes  Never

28. I exercise 3 or more times per week.  
   Always  Almost Always  Sometimes  Never

29. I like going to WIC classes.  
   Always  Almost Always  Sometimes  Never

30. I will feed my baby more when he/she is already full.  
   Always  Almost Always  Sometimes  Never

PART 3: Please circle the best answer for each statement.

31. Babies less than 3 months old need to be active.  
   Agree  Disagree  Not Sure

32. Babies need to be big to be healthy.  
   Agree  Disagree  Not Sure

33. Babies dream more than adults.  
   Agree  Disagree  Not Sure

34. Formula is just as good as breast milk.  
   Agree  Disagree  Not Sure

35. I am confident that I will be able to breastfeed my baby.  
   Agree  Disagree  Not Sure

36. I am happy with my current weight.  
   Agree  Disagree  Not Sure

37. Babies have cues to show parents what they need.  
   Agree  Disagree  Not Sure

38. I am confident that I know how much to feed my baby.  
   Agree  Disagree  Not Sure

39. I am interested in learning about my baby’s behavior.  
   Agree  Disagree  Not Sure

40. Crying babies are calmed by repeated sounds or movements.  
   Agree  Disagree  Not Sure

Thank You! Please turn this survey in to receive your raffle ticket!