We are trying to improve our trainings and materials before sharing them with other agencies. This interview will be kept confidential and not shared with anybody except study staff. Please be honest and give us any suggestions or opinions that you have regarding the study itself or study materials. Thank you!

**Baby Behavior Training**

The following questions will talk about the Baby Behavior trainings you received about infant cues, infant sleep & crying at the beginning of the study.

1. Do you feel that the amount of training you received prepared you to talk to participants about how babies sleep? **YES** **NO**

   1A. (If yes): What did you learn about infant sleep that was the most useful to you? __________________________________________________________

   1B. (If no): What would help you feel more comfortable talking to participants about infant sleep? ___________________________________________

2. Do you feel that the amount of training you received prepared you to talk to participants about infant crying? **YES** **NO**

   2A. (If yes): What did you learn about infant crying that was the most useful to you? __________________________________________________________

   2B. (If no): What would help you feel more comfortable talking to participants about why babies cry? ___________________________________________

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
3. Do you feel that the amount of training you received prepared you to talk to participants about babies’ cues?  

YES  NO

3A. (If yes): What did you learn about babies’ cues that was the most useful to you? __________________________________________________________

_________________________________________________________________

3B. (If no): What further information do you need specifically to talk to moms about babies’ cues? __________________________________________

_________________________________________________________________

4. Thinking back to the Baby Behavior trainings that you attended: what was your favorite activity or part of the training? (may need to probe) __________________________

_____________________________________________________________________

5. What additional topics would you be interested in learning about? (Ex: older infant/toddler behavior, cultural differences, etc.) ____________________________________________

_____________________________________________________________________

6. Do you think that refresher or review trainings about Baby Behavior throughout the study period would have been useful?  YES  NO

6A. (If yes): how often would you have liked to have them? (i.e., monthly, quarterly, yearly) __________________________

6B. What topics would have been useful for you to review during these trainings? ____________________________________________

_____________________________________________________________________

7. During the BB trainings you received staff handouts to help you while counseling participants. Which staff handouts do you remember receiving? (Check all that are mentioned)

☐ Look, recognize, respond cards
☐ Infant states handout (with intensity scale)
☐ Sleep facts
☐ Helping parents deal with lack of sleep (questions to ask, solutions to give)
☐ Other: ____________________________

7A. Which of the following did you use while counseling? (Check all that apply)

☐ Look, recognize, respond cards
☐ Infant states handout (with intensity scale)
☐ Sleep facts
☐ Helping parents deal with lack of sleep (questions to ask, solutions to give)
☐ Other: ____________________________
Baby Behavior Classes
The next section will talk about the Baby Behavior classes for participants.

8. During the intervention period (10/07-9/08) did you teach any classes developed as part of the Baby Behavior Study? YES NO

8A. Which of the following classes did you teach? (Check boxes of all that apply in 8B.)

8B. How often did you teach each class? (Write on the corresponding line.)

☐ Understanding Your Baby’s Cues (prenatal class) __________
☐ Secrets of Baby Behavior (infant class) __________
☐ Breastfeeding: The Gift of Love (post partum BF support) __________

9. What preparation did you have prior to teaching the BB classes for the first time? (Ex: time to practice, read script, additional training, etc?

________________________________________________________________________
________________________________________________________________________

10. Did you use the class script/outline? YES NO

10A. (If yes): Was it useful? ____________________________

10B. What was helpful about the format of the class script?
__________________________
__________________________

10C. (If no): What tools did you use to help you teach the class effectively?
__________________________
__________________________

10D. What suggestions do you have to make the class script easier to use?
__________________________
__________________________

11. Did you use the “easy scripts”?___________

11A. (If yes): Did you find the easy scripts useful?___________

11B. What would make the easy scripts more useful?___________
The next few questions will be about each class specifically. Refer to the class outline as needed to jog your memory.

12. For the prenatal class “Understanding Your Baby’s Cues”:

12A. What was one thing you liked about the class?

12B. What was one thing you did not like about the class?

12C. Is your site still teaching the prenatal class? YES NO

12D. How did participants react to this class? _____________

12E. Has your site made any changes to the class? ___________

12F. (If yes): What changes were made? ______________________

12G. What was one thing you liked about the class materials (props/posters)? __________________________

12H. What was one thing you did not like about the class materials (props/posters)? _______________________

12I. What else would you like to say about the prenatal class?

13. For the post partum breastfeeding support group, “Breastfeeding: The Gift of Love”:

13A. What was one thing you liked about the class?

13B. What was one thing you did not like about the class?
13C. Is your site still teaching this class?  YES  NO

13D. How did participants react to this class?  

13E. Has your site made any changes to the class?  

13F. (If yes): What changes were made?  

13G. What was one thing you liked about the class materials (props/posters)?  

13H. What was one thing you did not like about the class materials (props/posters)?  

13I. What else would you like to say about this class?  

14. For the infant class, “Secrets of Baby Behavior”:

14A. What was one thing you liked about the class?  

14B. What was one thing you did not like about the class?  

14C. Is your site still teaching this class?  YES  NO

12D. How did participants react to this class?  

12E. Has your site made any changes to the class?  

12F. (If yes): What changes were made?  

12G. What was one thing you liked about the class materials (props/posters)?  

12H. What was one thing you did not like about the class materials (props/posters)?  

12I. What else would you like to say about this class?__________
________________________________________________________
________________________________________________________

**Baby Behavior Materials**
The following questions are about counseling using the Baby Behavior handouts.

16. Do you currently talk to WIC participants about infant crying? YES NO
16A. (If yes): How often? _________________________________
16B. (If no): What barriers have kept you from sharing messages about infant crying?______________________________________________________
________________________________________________________________
________________________________________________________________

17. Which handouts do you use when talking to participants about infant crying? (Circle all that apply)
Why Babies Cry Healthy Sleep
Understanding Your Baby’s cues
Getting to Know Your Baby: Tips & Facts About the 1st 6 Weeks

18. Do you currently talk to WIC participants about babies’ cues? YES NO
20A. (If yes): How often? _________________________________
20B. (If no): What barriers have kept you from sharing messages about babies’ cues: _________________________________

19. Which handouts do you use when talking to moms about babies’ cues? (Circle all that apply)
Understanding Your Baby’s Cues Why Babies Cry
Healthy Sleep
Getting to Know Your Baby: Tips & Facts about the 1st 6 Weeks

20. Do you currently talk to WIC participants about infant sleep? YES NO
20A. (If yes): How often? _________________________________
20B. (If no): What barriers have kept you from sharing messages about infant sleep? _________________________________
21. Which handouts did you use when talking to moms about their baby’s sleep? (Circle all that apply)

Understanding Your Baby’s Cues  Why Babies Cry

Healthy Sleep

Getting to Know Your Baby: Tips & Facts About the 1st 6 Weeks

22. What were the main sleep messages that you talked to participants about? (Circle all that are mentioned. Write additional messages on lines below.)

Dreaming  Waking is healthy  Active/Quiet sleep

Average wake times  Tips for sleepy moms

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

23. Think back to a time when you shared a Baby Behavior handout with a participant, how did they respond? ________________________________________
________________________________________________________________________
________________________________________________________________________

24. Which participants did you counsel using the Baby Behavior handouts with the most? (Rank the following groups in order of most time spent discussing BB to least time spent discussing BB: Pregnant mothers, breastfeeding mothers, formula feeding mothers, fathers, other caregivers of infants)

1. ______________________
2. ______________________
3. ______________________
4. ______________________
5. ______________________

25. Do you feel that time was a barrier to you using the Baby Behavior materials or talking to participants about BB?

________________________________________________________________________
________________________________________________________________________

25A. (If yes): Explain how much time it took. ________________________________
________________________________________________________________________

26. Which topic did parents seem to be the most interested in learning about? (Circle one)

Infant Sleep  Baby Cues  Infant Crying
27. Which of the three topics did you spend the most time talking to parents about? (cues, crying, or sleep)

28. What was most challenging about the data collection process? (Example: participant surveys, baby weights, staff surveys)

29. How could the study staff have been more supportive during the intervention?

30. What could the study staff have done differently to be more supportive of your work with Baby Behavior?

31. Which BB topics did participants ask you for information about without any prompting? (Check all topics mentioned.)

- Infant sleep
- Baby cues
- Infant crying
- None, they don’t ask

31A. How often did parents ask you about each of the following topics? (Daily, weekly, monthly, never)

- Infant sleep
- Baby cues
- Infant crying