

Vegetable Names

Below are the names of some vegetables. Draw a circle around the vegetables that you have tasted before:



green beans



carrot



cauliflower



avocado



garlic



beet



okra



onion



artichoke



cucumber



broccoli



corn



peas



potato



spinach

How many vegetables did you circle? _____

Eat a variety of foods every day to help you grow and be strong.