

Weigh of Life...Taking Action Together

What WIC Can Do For You!

WIC can enhance your medical services and save you time by:

1. Providing free personalized nutrition counseling for your WIC-eligible families.
2. Enhancing coordination of nutritional care and related issues for patients.
3. Providing you free nutrition education posters - targeting unique dietary beliefs and patterns of our Hispanic population.
4. Offering free behavior change 'prescription' pads.
5. Supplying a CD with nutrition education materials that you can print right at your office.
6. Offering easy access to download many of WIC materials and forms on-line at www.mass.gov/wic

If you need more information about WIC, please call

1-800-WIC-1007



Good Food and A Whole Lot More!