

BABY BINGO

Get down on the floor and play with the baby	Let the baby look at you, she wants to memorize your face	Stay close. Feeding time is a good time to interact with your baby.	Your baby is ready to play and learn from new experiences.
Use a variety of sounds and touch to wake your baby	Let the baby look at and touch you, babies like to use all their senses to learn	Feed the baby	Repeat calming words over and over
Turn the baby over and put her down for a nap *back to sleep*	Free Space	Gently take the baby off the breast	Check the baby's diaper
Give your baby time to safely explore the bath, but stay close	Let the baby rest	Put the spoon down and give your baby a break	Change your facial expression and see if the baby will copy you



Created by the UC Davis Human Lactation Center as part of the FitWIC Baby Behavior Study.

This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture, Food and Nutrition Service. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.



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Get down on the floor and play with the baby	Use a variety of sounds and touch to wake your baby	Put your baby down for a nap	Stay close. Feeding time is a good time to interact with your baby.
Stop the feed. Take the bottle away and burp the baby	Change your facial expression and see if the baby will copy you	Turn down the radio. The baby needs a break from the noise	Let the baby look at and touch you, babies like to use all their senses to learn
Turn the baby over and put her down for a nap *back to sleep*	Gently take the baby off the breast	Free Space	Check the baby's diaper
The baby is overwhelmed and needs to take a break	Repeat calming words over and over	Give your baby time to safely explore the bath but stay close	Feed the baby



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Stay close. Feeding time is a good time to interact with your baby.	Let the baby look at and touch you, babies like to use all their senses to learn	Check the baby's diaper	The baby is overwhelmed and needs to take a break
Free Space	Put your baby down for a nap	Turn down the radio. The baby needs a break from the noise	Give your baby time to safely explore the bath, but stay close
Use a variety of sounds and touch to wake your baby	Change your facial expression and see if the baby will copy you	Gently take the baby off the breast	Repeat calming words over and over
Your baby is ready to play and learn from new experiences.	Put the spoon down and give your baby a break	Let the baby rest	Let the baby look at you, she wants to memorize your face



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<p>Stop the feed. Take the bottle away and burp the baby</p>	<p>Change your facial expression and see if the baby will copy you</p>	<p>Turn down the radio. The baby needs a break from the noise</p>	<p>Let the baby look at and touch you, babies like to use all their senses to learn</p>
<p>Turn the baby over and put her down for a nap *back to sleep*</p>	<p>Gently take the baby off the breast</p>	<p>Free</p>	<p>Check the baby's diaper</p>
<p>The baby is overwhelmed and needs to take a break</p>	<p>Repeat calming words over and over</p>	<p>Give your baby time to safely explore the bath but stay close</p>	<p>Feed the baby</p>
<p>Your baby is ready to play and learn from new experiences.</p>	<p>Put the spoon down and give your baby a break</p>	<p>Let the baby rest</p>	<p>Let the baby look at you, she wants to memorize your face</p>



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Feed the baby	Let the baby look at and touch you, babies like to use all their senses to learn	Your baby is ready to play and learn from new experiences.	Repeat calming words over and over
Turn the baby over and put her down for a nap *back to sleep*	Get down on the floor and play with the baby	Change your facial expression and see if the baby will copy you	Check the baby's diaper
Give your baby time to safely explore the bath, but stay close	Put the spoon down and give your baby a break	Let the baby rest	Gently take the baby off the breast



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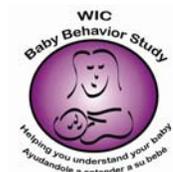
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