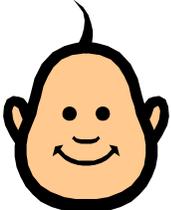
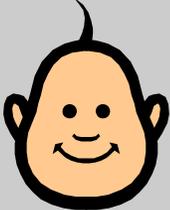
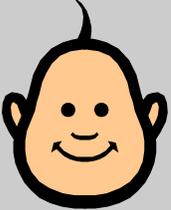
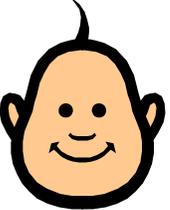


Baby Behavior Training #1

Worksheet: Infant States & Cues

Mark each box with an "X" as you complete it. We will share your observations and experiences at the next training. Completed worksheets will be entered into a drawing for a prize!

Observe a baby in the quiet alert state	Observe a baby in the irritable state	Observe a baby in active sleep	
Observe a baby in quiet sleep		Teach a parent to use the same soothing sound or movement over and over to calm her crying baby	Observe a parent who feeds her baby every time he makes noise
	Observe a mother trying to solve a problem by calming herself down	Observe a mother who was able to overcome a problem because she saw that there was a solution	Observe a baby in the drowsy state
Observe a baby trying to tell his parents he wants to be near them	<u>Describe</u> hunger cues to a parent, explaining that crying doesn't always mean hunger		Teach a parent how to respond to his baby's " need a break " cues
Observe a baby trying to tell his parents that he needs a break or something to be different.	Teach a parent how to respond to her baby's " I want to be near you " cues	Help a parent recognize her baby's " I want to be near you " cues	Observe a baby that is being overstimulated when she really needs a break