



Quiz

Prenatal Self Learning Module

Understanding Your Baby: Infant Behavior

Date: _____

After reading through the booklet, please answer the following questions:

1. True or False: Young babies need to dream and wake-up at night to be healthy. (Circle one)
 - a) True
 - b) False
2. True or False: Babies wake-up less during the night as they get older. (Circle one)
 - a) True
 - b) False
3. True or False: Babies can use their bodies and noises to tell their parents they need a break. (Circle one)
 - a. True
 - b. False
4. What is the first thing parents should do when their babies cry? (Circle one)
 - a. Feed their babies.
 - b. Look for their babies "cues" to see what the baby needs.
 - c. Put their babies down for a nap.
5. True or False: I am confident that I will be able to tell what my baby needs. (Circle one)
 - a) True
 - b) False
6. What is **one thing** you learned from this reading that you will go home and share with a friend or family member?
7. What is **one thing** you will do differently with your baby based on what you learned from this reading?

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