

# She's one smart mom

## She's got **text4baby**

Text **BABY** to **511411**

Get **FREE** messages on your cell phone to help you through your pregnancy and your baby's first year.



**text4baby**<sup>SM</sup>

[text4baby.org](http://text4baby.org)



The U.S. Department of Health and Human Services is a partner of the text4baby program, a free service of the National Healthy Mothers, Healthy Babies Coalition.

**CTIA** The Wireless Foundation

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