

Snapshot of WIC Food Packages for Infants

Maximum Monthly Allowances of Supplemental Foods¹

	Fully Formula Fed (FF)		Partially (Mostly) Breastfed (BF/FF)		Fully Breastfed (BF)	
Foods	Food Packages I-FF & III-FF A: 0-3 months B: 4-5 months	Food Packages II-FF& III-FF 6-11 months	Food Packages I-BF/FF & III- BF/FF A: 0 to 1 month B: 1-3 months C: 4-5 months	Food Packages II- BF/FF & III- F/FF 6-11 months	Food Package I-BF 0-5 months	Food Package II-BF 6-11 months
WIC Formula	A: 823 fl. oz. reconstituted liquid concentrate B: 896 fl. oz. reconstituted liquid concentrate	630 fl. oz. reconstituted liquid concentrate	A: 104 fl. oz. reconstituted powder B: 388 fl. oz. reconstituted liquid concentrate C: 460 fl. oz. reconstituted liquid concentrate	315 fl. oz. reconstituted liquid concentrate		
Infant cereal		24 oz.		24 oz.		24 oz.
Infant food fruits and vegetables²		128 oz.		128 oz.		256 oz.
Infant food meat						77.5 oz.

¹ Refer to the full regulation at [e-CFR](#) for the complete provisions and requirements for infant formula and infant foods in the WIC food packages.

² At State agency option, older infants may be issued a cash-value voucher for fresh fruits and vegetables in lieu of a portion of jarred infant foods.