

Maryland WIC Train-the-Trainer Program – 2012 Materials List

Postpartum Depression

PowerPoint Presentation

Lesson Plan [WORD]

Activity 1 [WORD]

Activity 1 Answer Sheet [WORD]

Talking to Parents of Overweight Children

PowerPoint Presentation

Lesson Plan [WORD]

Talking to Parents of Overweight/Obese Children: A Roadmap [PDF]

Critical Thinking Skills/Questions [WORD]

Counseling Guidelines by Stages of Change [WORD]

Affirmations [WORD]

Case Study - Aaliyah: 4 years old [WORD]

Talking to Parents About Activity

PowerPoint Presentation

Probes, Affirmations & Ask Permission [WORD]

Trainee's copy NOT READY 1a Activity for Readiness to Change [WORD]

Trainer's copy NOT READY 1a Activity for Readiness to Change [WORD]

Trainee's copy UNSURE 2a. Activity for Readiness to Change [WORD]

Trainer's copy UNSURE 2a. Activity for Readiness to Change [WORD]

Trainee's Copy READY 3a Activity for Readiness to Change [WORD]

Trainer's Copy READY 3a Activity for Readiness to Change [WORD]

Fitness for Families [PDF]

Domestic Violence

PowerPoint Presentation

PowerPoint Presentation with Notes

Sometimes We Wonder [WORD]

Sometimes We Wonder Answer Guide [WORD]

50 Reasons Women Don't Leave [PDF]

Affirmations [WORD]

Lesson Plan [WORD]

Maryland Domestic Violence Directory [PDF]

Myths and Facts About Domestic Violence [PDF]

Cultural Diversity - Meals and Mealtimes

PowerPoint Presentation

Lesson Plan [WORD]