

Maryland WIC Train-the-Trainer Program - 2009

1 - What is Culture [WORD]

2A - What Interests You? [PDF]

2B - What Interests You? (Spanish) [PDF]

2C - Lesson Plan Conversation Starters [WORD]

2C - What Would You Like to Talk About? [PDF]

2D - Conversation Starters [WORD]

2D - What Would You Like to Talk About? (Spanish) [PDF]

3A - Lesson Plan - Open-Ended Questions [WORD]

3B - Practice Open-Ended Questions [WORD]

3C - Examples of Open-Ended Questions [WORD]

3D - Practice with Probes [WORD]

3E - The Gift of Affirmation [WORD]

3F - Affirm, Educate, Thank [WORD]

4A - Readiness Ruler [WORD]

4B - Lesson Plan - Assessing Readiness to Change [WORD]

4C - Assessing Readiness to Change [WORD]

5A - Ask Permission, Give Suggestions and Let Participant Decide [WORD]

5B - Replacing Worn Out Tools [WORD]

5C - Summarize and Express Confidence [WORD]

6A - Attendance Sheet [WORD]

6B - Evaluation Form [WORD]

7 - Self-Review Tool [WORD]

8 - Three-Step Counseling Strategy [WORD]

Case Study 1A [WORD]

Case Study 2A [WORD]

Case Study 3A [WORD]

Case Study 4A [WORD]

Case Study 5A [WORD]

Decision Maps [PPT]